



# Special Points of

#### Interest

- Look at anti bullying with Tim
- Talk it up with Mary
- Good to have friends pictures
- Shooting Stars of the season

# sunshine summer!!!!!!

Tim M: What I got out of the presentations at the schools that we went to is that it reminds me and it goes for everybody that you have the power to change and the power to amaze!





## Shooting Star - Mary R.



Dream Big!!!!

I am the president of the Tuesday Afternoon Self-Advocacy Group. I have just finished up working on the Anti-Bullying week at Merrick and the Anti-Bullying Day for the Tuesday Afternoon Self-Advocacy Group. I like hang out with family and friends after work. I also LOVE spending time with my Guinea Pig named Bear.





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# Shooting Stars Meetings



The Shooting Stars SA groups meet on:

- Frankettes every other Monday 10:15-11:00 a.m.
- Tuesday afternoon 1:15 to 2:10 p.m.
- Wednesday Morning 8:00 to 9:00 a.m.
- Thursday morning 8:30 to 9:30 a.m.

Also Katie has a Self Advocacy off site group that meets every other Thursday afternoon from 4:00 to 5:30 p.m. at J.Arthur's. Everyone is welcome to join.

Location:

J.Arthur's coffee shop 2441 Rice Street Roseville, MN

Any questions please contact Katie @ 651-815-2262



#### 2013 State Self-Advocacy Conference Summary By Roberta B.

On April 26th and 27th we attended the 2013 State Self-Advocacy Conference. Eighty-four self-advocates attended including folks from the Advocate Aces Self-Advocacy Group. We did seven presentations ranging from "How to tell your story using an iPad" to "Skywarn". The highlight of the conference was when The Honorable Judge Donovan Frank showed up. He is in this photo that was taken on the first day of the conference.

ARE YOU INTERESTED IN HELPING WITH THE QUARTERLY NEWSLETTER, MIRACLE?

Roberta B. & Katie M. are looking for self-advocates who are interested in helping with editing and conducting interviews, taking pictures, etc. for the Miracle news letter. If you are interested in being on the committee please contact either Katie or Roberta. This is a fun and exciting way to get to know other people and make new friends.

We also have sign up sheets in the commons area and on the work floor.

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# An Amazing site visit on April 5th with Representative Jason Isaacson By Roberta B., Self-Advocate Mentor

On April 5th, Representative Jason Isaacson came out to Merrick for a site visit. He met with five self-advocates-Tim M., Steven K., Marcus F., Brian J. and myself. We met with him for a small amount of time and we shared our short stories with him and even had our picture taken with him.

- Site Visit- a visit to a group home, day program, etc.
- Short Story- is a one page document that has one or more legislative issue (s) that are important to you.



## Good to have Friends







Shooting Stars of Merrick, Inc. 3210 Labore road Vadnais Heights MN 55110



If you have any questions on how to write an article please contact the Editor, Katie M. or Co-Editor, Roberta B. at blomstersa@comcast.net

Shooting Stars Miracle is a newsletter written by self-advocates wanting to share their good news with everyone. It will published four times a year.



If anyone is interested in writing an article for the Self-Advocate's newsletter "*Miracle*" please send the article top my email.

(KatiemarieMcD@gmail.com)

The deadline for the Fall Issue is September 11th.

Take a chance to be who you are!!!

### STARS OF THE SEASON

**Name:** Dorie S. Nominated by: an anonymous person.

Reasons for nomination:

- 1. Dorie has been trying new contracts on the work floor.
- 2. Dorie as been trying new assistive technology
- 3. Dorie has such a positive attitude and works hard on turning disabilities into abilities.

What do you like to do in your spare time?
Love listening to music and playing on my iPad.

How has self-advocacy changed your life? It has change my life because I am a people person now and they listen to me.

How long have you been at Merrick?

About 13 years. I like working at Merrick.

What area at
Merrick do you work
in? I work in
shredding and also do
med-tox line work.

What is your favorite food? Spaghetti and Meat balls.



Taking a break from working !!!

Name: Katie F.

Nominated by: Dayne N. Reasons for nomination:

- 1. Katie speaks up for herself.
- 2. Katie is nice to people.
- 3. Katie believes in her self and smiles a lot.

What do you like to do in your spare time? Well I like to dance, play with my netbook, listening to music and go bowling with friends.

How has self-advocacy changed your life? It has help me speak up for my self and make new friends.

How long have you been at Merrick and what do you do here? I have been with Merrick on the O-Team for about nine years. I work at Fairview Recycling off site changing out the bags and replacing them with new ones.

What are your favorite foods? Well I have many favorite foods like pizza, Chinese orange chicken, pot stickers last but not least Subway.



Hanging down in the commons before work !!!

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