A quarterly newsletter produced by the Shooting Stars Self-Advocacy Group of Merrick, Inc.

Summer 2014





Special Points of

Interest

- Shooting Star of the Season
- Goodbye from Roberta B.
- Ambassadors' Photo Show
- Jeradíne's story

Magic Summer

Hello, my name is Jeradine and I would like to tell you about my experience of taking a Partners in Policymaking class. After completing the course I feel am a stronger person and now I can advocate for my self. I would like go back and help other people. It is good to let other people know that it is important for them to stand up for themselves and to let them know they have rights. I enjoyed taking this class with such friendly coworkers. They made my class more fun. Our class trip to the capital and getting to and meet my legislator was

amazing. I learned how to deal with people's emotions and how to better work with others. It was very informative when I asked questions about moving out on my own. There are lots of challenges that come in my life. I have come really far and I proud of myself . ♦

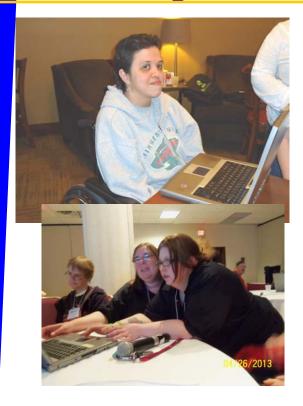


Shooting Stars: Good Times



PAGE 2 MIRACLE

Shooting Stars' Meetings



The Shooting Stars SA groups meet:

- Frankettes: every other Monday 10:15-11:00
 a.m. at the North St.
 Paul site
- Tuesday afternoon 1:15 to 2:10 p.m. at 3210 Labore
- Wednesday Morning 8:00 to 9:30 a.m. at 3210 Labore
- Thursday morning 8:30 to 9:30 a.m. at **3210 Labore**

Also Katie has a Self-Advocacy offsite group that meets every other Thursday afternoon from 4:00 to 5:30 p.m. at **J. Arthur's** at 2441 Rice Street—Roseville, MN.

Everyone is welcome to join.

Any questions please contact Katie @ 651-815-2262.

Shooting Star Family and Friends



ARE YOU INTERESTED IN HELPING WITH THE QUARTERLY SA NEWSLETTER, "MIRACLE"?

Katie M. is looking for Self-Advocates who are interested in helping with conducting interviews, taking pictures, and editing, etc. for the "Miracle" newsletter. If you are interested in helping, please contact Katie. This is a fun and exciting way to get to know other people and make new friends. She also has sign-up sheets in the Commons area and on the work floor.

VOLUME 3, ISSUE 2 SUMMER 2014 PAGE 3

Goodbye From Roberta B.

By Roberta B., Self-Advocate Mentor



It's been a blast getting to be a peer mentor, part of the Ambassadors for Respect campaign, in addition to being the legislative update columnist and the co-editor for Miracle. Thursday, June 12, 2014 was the last day of me working on-site at Merrick. On June 16th I started my summer temp job at the Social Security Office in St. Paul for 4 months (which will end on September 30th). Linda Wetterlin will be my supervisor during the 4 months. I will be working 40 hours a week (full time). The ultimate goal is for me to become a permanent hire, and there is a better shot of me getting to that status by doing the summer temp

than the volunteer internship (which ended on Friday, June 13th). I am going to miss you all as many of you have become great friends to me. If I do become a permanent hire at the Social Security Office, I will go back to part-time status. For the boards, committees, and workgroups that I have been a part of: I will still be serving on The Arc Greater Twin Cities' Self-Advocacy Advisory Committee and Merrick's Board of Trustees. I will be taking a four-month leave of absence from Merrick's Advocacy Committee. I'm no longer serving on: The Arc Greater Twin Cities Board of Directors, the SOS Disability Advocacy Workgroup and their Voter Awareness Subcommittee, plus the planning committee for the "Creative Options Conference"/Self-Advocacy Summit. \diamond

Ambassadors of Respect Photo Show:

Presentations at Elementary Schools







Ambassadors for Respect team members visited six schools and presented anti-bullying information to 469 students during the 2013-2014 school year.

Shooting Stars of Merrick, Inc. 3210 Labore Road Vadnais Heights, MN 55110



If you have any questions on how to write an article please contact the Editor, Katie M. at katiemariemcd@gmail.com

Shooting Stars "Miracle" is a newsletter written by Self-Advocates to share their good news with everyone. It is published four times a year.



Stars of the Season

Name: Kelly P Nominated by: HM

Reasons for nomination:

- 1. she loves to laugh
- 2. she is good friend
- 3. she is a hard worker

What do you like to do in your spare time?

I like do everything like going to the movies, hanging out with friends, watching TV, and making art and crafts.

How has Self-

Advocacy changed your **life?** I like seeing all my friends and SA changed my life around so I could speak up for my rights and what I believe in

Smile, it's Summer.

How long have you been at Merrick and what do vou do here?

Wow! 25 years and still going strong. I have worked on the cleaning crew for about 7 years making sure our building is very clean.

What is your inspiration? Helping others and making laughter is the best Medicine in the world.



Name: Sheri

Nominated by: Jeradine

Reasons for nomination:

- 1. She is very nice
- 2. She is hard worker
- 3. She likes to help others

What do you like to do in your spare time? I like to go shopping,

going out to eat, and to movies.

How has Self-Advocacy changed your life? Help me stand up for myself– meeting new people and going to conferences.

How long have you been at Merrick and what do vou do here?

I been here for about 20 years, working on the utility floor—cards contract and many other contracts.

What is your inspiration?

Going to church every Sunday



Living the life I choose with a smile.