

# **PERSON-CENTERED PLANNING POLICY**

**Merrick, Inc.**

## **1.00 PURPOSE**

The purpose of this policy is to ensure services and supports adhere to the principles covered within the following domains of a meaningful life: community membership; health, wellness; safety; one's own place to live; important long term relationships; control over supports; and employment earnings. Services and supports are to address these domains in a manner that encourages self-determination, focuses on preferences, respects cultural background, promotes skill development, and allows for a balance between risk and opportunity.

## **2.00 APPLICATION**

This policy will direct the support team in guiding the individual to achieve personally defined outcomes in the most integrated community setting desired; ensure delivery of services in a manner that reflects personal preferences, talents, choices; and contribute to ensuring health and welfare.

## **3.00 POLICY STATEMENT**

Services are provided in a manner that supports the person's preferences and daily needs with activities that accomplish the person's personal goals and services outcomes.

## **4.00 PROCEDURES**

- 4.10 Person-centered service planning and delivery which:
  - 4.11 Identifies and supports what is important to the person as well as what is important for the person, including preferences for when, how, and by whom direct support services is provided;
  - 4.12 Uses that information to identify outcomes the person desires; and
  - 4.13 Respects each person's history, dignity, and cultural background.
  
- 4.20 Self-determination which supports and provides:
  - 4.21 Opportunities for the development and exercise of functional and age-appropriate skills, decision making and choice, personal advocacy, and communication; and
  - 4.22 The affirmation and protection of each person's civil and legal rights.
  
- 4.30 Provided in the most integrated setting appropriate to the individual with inclusive service delivery that supports, promotes, and allows:
  - 4.31 Inclusion and participation in the person's community as desired and in a manner that enables them to have typical interactions interact with nondisabled persons and become a valued community member;
  - 4.32 Opportunities for self-sufficiency as well as developing and maintaining social relationships and natural supports; and
  - 4.33 A balance between risk and opportunity, meaning the least restrictive supports or interventions necessary are provided in the most integrated settings in the most inclusive manner possible to support the person to engage in activities of the person's own choosing that may otherwise present a risk to the person's health, safety, or rights.